

Good To Know

3rd July 2020

Working with Families News

News:	For more info:
<p>Changes Antenatal is currently being offered as a distant-learning programme. If you know anyone who lives in Sandwell and is expecting a baby encourage them to book a place.</p>	<p>https://bookwhen.com/changes</p>
<p>The Breastfeeding Network team in Sandwell have quickly adapted their peer support services to ensure there is still lots of support they can offer to families.</p>	<p> Breastfeeding Peer Support</p>
<p>Relationships and Sex Education (RSE) Day took place on 25 June 2020. There are packs from the Sex Education Forum with ideas for parents and carers to get involved.</p>	<p>Ideas for settings: primary age children (PDF) Ideas for settings: secondary age children (PDF) Ideas for parents and carers (PDF)</p>
<p>Contact (for families with disabled children) are offering a new 1:1 confidential phone appointments with family support advisers for parents looking for a listening ear, reassurance and practical and emotional support during the coronavirus pandemic.</p>	<p>Contact 1:1 Service</p>
<p>The NSPCC has launched Look, Say, Sing, Play resources to help support parents' interactions with babies and children up to 2 years old. There are information leaflets, posters, session plan, activity sheet and flashcards, all free to download.</p>	<p>Parents can also sign up for weekly brain building tips by email. Brain Building Tips</p>
<p>An interesting article from ParentInfo highlighting video games that encourage children to be active.</p>	<p>ParentInfo Active Games</p>
<p>The latest set of activity packs from CEOP for parents and carers focuses on how to keep children safe whilst they explore online gaming.</p>	<p>4-5s 5-7s 8-10s 11-13s 14+</p>
<p>The Wildlife Trust has lots of ideas and activity sheets to download.</p>	<p>Wildlife Trust</p>

<p>With no long waiting times and no minimum criteria, Kooth is a fantastic way for young people to get the help and support they need, when they need it, rather than having to wait weeks for an appointment or in current times unable to access face to face support.</p>	<p>https://vimeo.com/318731977/a9f32c87de</p>  <p>Kooth_We're_still_here</p>
<p>The Stop Loan Shark campaign wants to remind people about the dangers of using loan sharks for funeral costs and to highlight that Co-op Funeral care have a Hardship Fund which provides support to families whose loved ones have sadly passed away due to COVID-19.</p>	 <p>funeral.pdf</p> <p>https://hardshipfund.coop.co.uk/</p>
<p>Tesco Bags of Help will provide a single payment award of £500 to organisations who are supporting vulnerable groups, as part of their emergency response in supporting local communities.</p>	<p>Tesco Bags of Help</p>
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team parent_support@sandwell.gov.uk</p>