

Good To Know

6th September 2019

Working with Families News

News:	For more info:
<p>Training dates for the revised Changes programme are now available for booking. The training programme is for practitioners working with families in Sandwell and guides parents through their parenting journey. It is a flexible programme that can be delivered in groups or one-to-one. More details are available on the booking system.</p>	<p>For practitioners to register: www.bookwhen.com/parentsupport</p>
<p>FREE Budgeting & Training Session from Citizens Advice & Better Off Sandwell - Do you work with families in Sandwell and would like to share money-saving tips with them? Janet from Sandwell's CAB (our very own money-saving expert) will guide you through some budgeting tips and money-saving advice in this interactive course on 8th October at Greets Green Access Centre.</p>	<p>To book onto this course: www.bookwhen.com/parentsupport</p>
<p>FREE training programme about Reducing Parental Conflict developed by the Department for Work and Pensions (DWP) is being rolled out nationwide. In Sandwell, a series of FREE one day courses are being delivered to staff and volunteers who work with parents across the borough.</p>	<p>To book: https://bookwhen.com/reducing-parentalconflict</p>
<p>In partnership with Sandwell MBC, West Bromwich Leisure Centre is offering a FREE Aqua-natal 6 week course to pregnant mums living in Sandwell. The first session is Thursday 12th September, 10.30am – 11.30am. To book a place, call Healthy Sandwell on 0121 569 5100</p>	<p> Aqua-natal classes</p>
<p>Brook are offering a FREE training course to any professional working in Sandwell with young people. The Sexual Behaviours Traffic Light Tool supports professionals working with children and young people by helping them to identify and respond appropriately to sexual behaviours. There is a choice of dates, am or pm sessions and the training lasts approx. 3-3.5hrs</p>	<p>To book: https://www.eventbrite.co.uk/e/sexual-behaviours-traffic-light-tool-tickets-65880236561</p>
<p>Tommy's has launched a new mental health digital tool for pregnancy and post-birth. The tool will help pregnant women make a plan for their mental wellbeing and it will offer extra support to those who need it during pregnancy. It has a tailored route for women who have suffered a previous pregnancy loss or premature birth.</p>	<p>https://www.tommys.org/pregnancy-information/im-pregnant/mental-health-during-and-after-pregnancy/wellbeing-plan</p>

<p>If you know someone with a health condition and they would like support to find work, then the Thrive into Work programme could help. To find out more about the programme and how to get involved, go to the website</p>	<p>https://thriveintowork.org.uk/</p>
<p>Parents are being warned about saving debit card details on games consoles after four children spent nearly £550 in three weeks buying player packs to play the Fifa football video game online on the family's Nintendo Switch console.</p>	<p>https://www.bbc.co.uk/news/technology-48908766</p>
<p>A new mobile game, Harry Potter: Wizards Unite has been launched and dubbed as the new 'Pokemon Go' there are a few safety considerations that parents need to be aware of. Parentzone has published an article with top tips.</p>	<p>https://parentzone.org.uk/article/harry-potter-wizards-unite-what-parents-should-know-about-mobile-game</p>
<p>The Dorothy Parkes Centre is based in Smethwick and offers a place of welcome and opportunity for the local community. They are currently advertising for a Sessional Youth Worker and Centre Administration.</p>	<p>For more information and application form: https://www.dorothyparkes.org/jobs</p>
<p>People can vote now to help find the nation's favourite parks – with 12 Sandwell green spaces in the running. You can vote for your favourite from almost 1,900 nationwide. The 10 most popular parks and green spaces in the UK will be announced in October.</p>	<p>http://www.sandwell.gov.uk/news/article/5363/vote_for_sandwells_parks_and_green_spaces_in_national_competition</p>
<p>Are you ready for Universal Credit? Everything that you need to know is on Sandwell's website.</p>	<p>https://www.sandwell.gov.uk/universalcredit</p>
<p>Join the Think Local teams on Facebook and please tell your families about the page too - for information about jobs, apprenticeships, events and much more.</p>	<p>www.facebook.com/SandwellJobs www.facebook.com/futureskillssandwell</p>
<p>If you would like to promote services or information in this newsletter or share a good news story please contact the team.</p>	<p>Parent Support Team parent_support@sandwell.gov.uk</p>